Inner Peace in Troubling Times?

Advice from the Buddhist Perspective

Khenpo Ugyen Tenzin

A Friday Evening Public Talk:
confidence, devotion, & practice:
deepening your understanding of Buddhism

7PM Friday Nov 18
UNM SUB*
Room: Fiesta B

*Sponsored by Albuquerque KTC
Tibetan Buddhist Center
For More Information
www.abqktc.org
info@abqktc.org
505-343-0692

Khenpo will teach on:
- The meaning, requirements, and benefits of taking refuge.
- Advice on developing a daily practice (and why it's important).

Khenpo Ugyen was trained at the Karma Shri Nalanda Institute at Rumtek Monastery in Sikkim, India.

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