Albuquerque Karma Thegsum Chöling invites you to participate in our 5th annual

Thanksgiving White Tara Retreat

Friday and Saturday
November 27–28, 2015

A tantric practice that promotes long life, healing, mental peace and clarity

Intensive, 2-day retreat
silent sessions: no talking during practice

Instruction and Guided Sessions

Buddhist refuge vows are a requirement for participation

This practices uses bell & dorje (not provided or required)

Retreat Schedule

Friday Nov 27
10:00 AM Instruction and Q/A on White Tara
11:00 AM Guided Practice Session
12:00 PM Lunch break (meal not provided).
   1:30 PM Guided Practice
   3:00 PM Dedication Prayers
   3:30 PM End of first day

Saturday Nov 28
10:00 AM Instruction and Q/A on White Tara
11:00 AM Guided Practice Session
12:00 PM Lunch break (meal not provided).
   1:30 PM Guided Practice
   3:00 PM Dedication Prayers
   3:30 PM End of retreat

Suggested donation: $15 per day

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