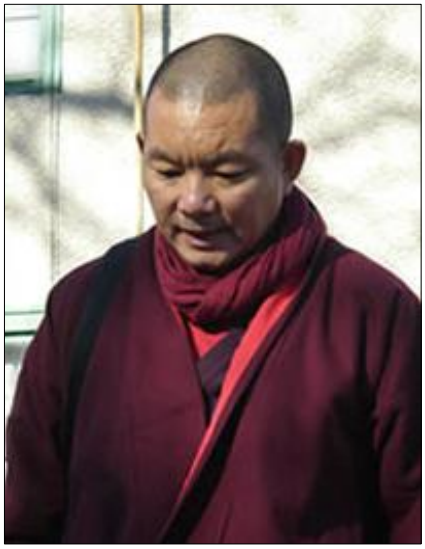
Lama Karma Chopal

Green Tara Sand Mandala



March 27-30, 2026

Fri	**5-7 pm**
Sat and Sun	**9:30-noon and 2-4:30 pm**
Mon	**10 am**

Albuquerque Karma Thegsum Choling
Tibetan Buddhist Center
139 La Plata NW, Albuquerque NM

Join us as we assist Lama Chopal in constructing the sand mandala of Green Tara. The mandala has many levels of meaning, representing, among other things, the celestial dwelling, the elements and energies that make up the universe and our own bodies, and the aspects of transcendent wisdom that together comprise the character and activity of enlightened mind. In constructing the mandala, we invoke this power and wisdom into our lives, and in dissolving it, we acknowledge the change and impermanence that pervades all worldly existence. We will dissolve the mandala with a puja on the last session Monday morning. People may come and go during the other sessions.

Lama Chopal has studied Tibetan art and Buddhist practice with many of the greatest teachers of our time.

Suggested donation: $15 per session (no one will be turned away for lack of funds)

For more information, call 505-343-0692 or visit our website at www.abqktc.org or our Facebook page Karma Thegsum Choling Albuquerque.